



2024 Sutcliffe Park



Track & Field Nights

@ Sutcliffe Park, Eltham, London, SE9 5LW

ALL events online entry only. No entries on the night. Open entry closes midnight Sunday before. BMC seven days before.

Enter all Open events via [Roster](#)



Enter BMC events via [BMC](#) website



Wednesday 22nd May

| | | | |
|--------|------------------|--------|----------|
| 7.00pm | 100m | | |
| 7.20pm | 400m | 6.30pm | Hammer |
| 7.40pm | 800m (incl BMC) | 7.45pm | Shot Put |
| 8.20pm | 1500m (incl BMC) | | |
| 8.50pm | 3000m (U17+) | | |

Wednesday 19th June

| | | | |
|--------|-------------------------|--------|----------|
| 6.30pm | 3000m Walk (U15+) | | |
| 7.00pm | 100m | | |
| 7.20pm | 400m | 6.30pm | Discus |
| 7.40pm | 800m | 7.45pm | Shot Put |
| 8.20pm | 1500m | | |
| 8.50pm | 5000m (incl BMC) (U20+) | | |

Wednesday 17th July

| | | | |
|--------|------------------|--------|----------|
| 7.00pm | 100m | | |
| 7.20pm | 400m | 6.30pm | Hammer |
| 7.40pm | 800m (incl BMC) | 7.45pm | Shot Put |
| 8.20pm | 1500m (incl BMC) | | |
| 8.50pm | 5000m (U20+) | | |

Wednesday 14th August

| | | | |
|--------|-------------------------|--------|----------|
| 7.00pm | 100m | | |
| 7.20pm | 400m | 6.30pm | Javelin |
| 7.40pm | 800m | 7.45pm | Shot Put |
| 8.20pm | 1500m | | |
| 8.50pm | 3000m (incl BMC) (U17+) | | |

Important event information

- Open entries - £10. BMC - See website for price.
- BMC Races - entry will be predominantly for BMC members in 2024. Only a limited number of guests will be accepted.
- Entry open to U13 and above except where stated.
- Registration closes 30mins before start time.
- Best efforts are made to provide pacemakers for BMC races.
- All open races are graded.
- Entry may close if event limits are reached before the deadline.
- Field events- Number of throws will depend on entries. *For all events* - If it is full, entry may be denied.
- For more information: - www.cambridgeharriers.org
- Timing: All track events are scheduled to be electronically timed.
- Withdrawal - All athletes who need to withdraw must do so before the event via the relevant booking website.
- Athletes will need to supply their EA registration number.
- 3/5000m - If there are sufficient entries two races will be organised, with the first race starting at the advertised start time. The second race will follow immediately afterwards.

All information correct at time of going to press.