



Yorkshire

County Athletics Association

Track & Field Championships 2026



UKA Licence: Level 2 OUT 26/297

Dorothy Hyman Sports Centre, Snydale Rd, Cudworth, Barnsley, S72 8LH

Saturday 9th and Sunday 10th May 2026

Track and Field at 10.00 am on both days

Saturday

Senior women	200m, 800m, 5000m, 100m Hurdles, 400m Hurdles, Long Jump, High Jump, Hammer, Shot,
U20 Women	200m, 800m, 3000m, 100m Hurdles, 400m Hurdles, Long Jump, High Jump, Hammer, Shot
U18 Women	200m, 800m, 3000m, 100m Hurdles, 400m Hurdles, Long Jump, High Jump, Discus, Javelin
U16 Girls	100m, 300m, 1500m, Javelin, Discus, High Jump
U14 Girls	100m, <u>800m heats</u> , Shot
Senior Men	100m, 400m, 1500m, 3000m Steeplechase, Triple Jump, Discus, Javelin, Pole Vault
U20 Men	100m, 400m, 1500m, 2000m Steeplechase, Triple Jump, Discus, Javelin, Pole Vault
U18 Men	100m, 400m, 1500m, 2000m Steeplechase, Triple Jump, Hammer, Shot, Pole Vault
U16 Boys	200m, 800m, 3000m, 100m Hurdles, Long Jump, Hammer, Shot, Pole Vault
U14 Boys	100m, <u>800m heats</u> , Long Jump

Sunday

Senior women	100m, 400m, 1500m, 2000m Steeplechase, Triple Jump, Discus, Javelin, Pole Vault
U20 Women	100m, 400m, 1500m, 2000m Steeplechase, Triple Jump, Discus, Javelin, Pole Vault
U18 Women	100m, 400m, 1500m, 2000m Steeplechase, Triple Jump, Hammer, Shot, Pole Vault
U16 Girls	200m, 800m, 3000m, 80m hurdles, Long Jump, Shot, Pole Vault, Hammer
U14 Girls	<u>800m FINAL</u> , 75m Hurdles, 1500m, Long Jump, High Jump
Senior Men	200m, 800m, 5000m, 110m Hurdles, 400m Hurdles, Long Jump, High Jump, Hammer, Shot
U20 Men	200m, 800m, 3000m, 110m Hurdles, 400m Hurdles, Long Jump, High Jump, Hammer, Shot
U18 Men	200m, 800m, 3000m, 110m Hurdles, 400m Hurdles, Long Jump, High Jump, Discus, Javelin,
U16 Boys	100m, 300m, 1500m, Javelin, Discus, High Jump
U14 Boys	<u>800m FINAL</u> , 80m Hurdles, 1500m, Shot, High Jump

Entry Fees £12 per event all age groups

**IF A MINIMUM NUMBER OF 4 ENTRIES IN AN EVENT IS NOT MET, THEN THE ORGANISERS RESERVE
THE RIGHT NOT TO INCLUDE THE EVENT IN THE TIMETABLE
IF THIS HAPPENS THEN A REFUND WILL BE ISSUED**

PLEASE NOTE: THERE ARE NO MINIMUM STANDARDS REQUIRED TO ENTER THE CHAMPIONSHIPS, Medals will be awarded if the Gold Medal Standard is met by the first placed athlete ... THERE WILL BE NO REFUND ISSUED IF GOLD MEDAL STANDARDS ARE NOT MET

EVENT	Gold Medal Standard	Gold Medal Standard	Gold Medal Standard	Gold Medal Standard		Gold Medal Standard	Gold Medal Standard	Gold Medal Standard	Gold Medal Standard	
	SENIOR MEN	UNDER 20 MEN	UNDER 18 MEN	UNDER 16 BOYS	U14 BOYS	SENIOR WOMEN	UNDER 20 WOMEN	UNDER 18 WOMEN	UNDER 16 GIRLS	U14 GIRLS
100m	12.00	12.10	12.20	12.75	-	13.50	13.50	13.60	13.60	-
200m	22.00	23.00	25.00	26.00	-	27.00	28.00	28.00	28.00	-
300m				41.80	-				46.00	-
400m	51.50	52.00	55.00		-	62.00	64.00	65.00		-
800m	2.00.00	2.05.00	2.08.00	2.17.00	-	2.20.00	2.30.00	2.30.00	2.30.00	-
1500m	4.10.00	4.22.00	4.30.00	4.46.00	-	5.00.00	5.10.00	5.00.00	5.15.00	-
3000m		9.30.00	9.48.00		-		11.18.00	11.22.00		-
5000m	15.30.00				-	20.00.00				-
75m Hurdles					-					-
80m Hurdles					-				13.60	-
100m Hurdles				15.00	-	17.00	17.50	17.50		-
110m Hurdles	17.00	17.15	17.15		-					-
300m Hurdles					-					-
400mH	63.00	65.00	65.00		-	72.00	72.00	80.00		-
1500m S/C					-					-
2000m S/C	-	12.00.00			-	11.15.00	11.15.00			-
3000m S/C	11.15.00				-					-
High Jump	1.70	1.60	1.60	1.50	-	1.50	1.40	1.40	1.35	-
Pole Vault	3.80	3.20	2.70	2.40	-	2.30	2.30	2.30	2.10	-
Long Jump	6.20	6.00	5.50	5.00	-	4.90	4.50	4.70	4.50	-
Triple Jump	10.50	10.25	10.00		-	10.00	9.00	9.00		-
Shot	11.50	11.00	10.50	10.00	-	10.00	9.00	8.50	9.00	-
Discus	36.00	30.00	30.00	25.00	-	32.00	20.00	20.00	18.00	-
Javelin	45.00	35.00	35.00	30.00	-	30.00	27.00	25.00	22.00	-
Hammer	45.00	35.00	30.00	27.00	-	30.00	30.00	28.00	22.00	-

AWARDS – U14, U16, U18, Junior and Senior Athletes in events where the Gold Medal Standard has been achieved by the first placed athlete.

First – County Gilt Medal
 Second – County Silver Medal
 Third – County Bronze Medal

Spectators will be expected to pay £5 for one day or £8 for the weekend per person, to be paid on the day, some concessions apply

Age Groups Under 20 Men & Women Athletes who are 18 or over on 31st August 2026, but Under 20 on 31st December 2026
 U18 Men & Women Athletes who are aged 16 or 17 on 31st August 2026
 U16 Boys & Girls Athletes who are aged 14 or 15 on 31st August 2026
 U14 Boys & Girls Athletes who are aged 12 or 13 on the 31st August 2026

All athletes competing in the Yorkshire Championships MUST have been born in NORTH, SOUTH OR WEST YORKSHIRE or have nine months continuous residence in the counties prior to the competition. Birth Certificates must be produced on request. You cannot compete in the championships of more than one county in a 12-month period.

All athletes must be registered with England Athletics, and all entry forms and online entries must be completed in full with England Athletics registration numbers.

It is not usual practice in athletics to issue a refund if an athlete becomes injured, ill, or double booked and that will remain the case.

Athletes must retain their vest numbers but must report to registration again if they are competing on the following day.

THERE ARE NO MINIMUM STANDARDS REQUIRED TO ENTER THE CHAMPIONSHIPS

Please note in accordance with UKA Rule 21

(6) Additional Rules & Conditions: Any Competition Provider may apply additional rules and conditions to those required in UKA rules but must not relax any Rules.

POLE VAULT

FEMALE ATHLETES: The bar will start rising from 1.60m, please see medal standards

MALE ATHLETES: The bar will start rising from 1.80m, please see medal standard.

TRIPLE JUMP

FEMALE ATHLETES: Boards will be 7m and 9m

MALE ATHLETES: Boards will be 9m and 11m

IMPORTANT NOTICE

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK.

**Closing date for entries for the
Yorkshire Track and Field
Championships
is Thursday 30th April 2026**

Online Entries Only via this Link

<https://meets.rosterathletics.com/public/competitions/details/about?id=28580>

NO LATE ENTRIES UNDER ANY CIRCUMSTANCES.

For enquiries **Email: fiona.lancaster@btinternet.com**