



Provisional May Day Event Timetable

Time	MEN and BOYS				WOMEN and GIRLS				QUADKIDS	
	U13B	U15B	U17M	U20M & SM	U13G	U15G	U17W	U20W & SW	Boys	Girls
09.15	Shot				HJ	LJ				
09.30		80mH								
09.40							80mH			
09.50								100mH		
10.00			100mH	LJ					LJ (U10)	
10.15	75mH									VHT (U10)
10.30		Shot				75mH			LJ (U11)	
10.40					70mH					
10:45										VHT (U11)
11.00	2000mW		3000mW		2000mW		3000mW			
11.00							Shot	Shot		
11.15			Shot							
11.30	HJ									
11.45	MAY DAY MILE									
11.45				Javelin						
12.00					LJ	Shot				
12.10									75m	
12.15		LJ	LJ							
12.25										75m
12.30							HJ	HJ		
13.00				200m						
13.00	MAY DAY 3000 metres									
13:15		HJ	HJ						VHT (U10)	
13.30										LJ (U10)
13.45									VHT (U11)	LJ (U11)
14.30	LJ				Shot					
14.45						HJ				
15.05							LJ	LJ		
15.20				Discus					600m	
15.35										600m
16.00	800m*									
16.05		800m*								
16.10			1500m*							
16.20				1500m*						
16.30								800m*		
16.35							800m*			
16.40					800m*					
16.45						800m*				

*These events may be brought forward depending on times at which preceding events finish.