NORTHERN ATHLETICS

Presents the

2026 NORTH OF ENGLAND SEN, U20 & U18 TRACK AND FIELD CHAMPIONSHIPS
Held Under UKA Rules - Permit

Entry for athletes of clubs affiliated to Northern Athletics only

SENIOR, U20 & 18 CHAMPIONSHIPS

JUNE 6th & 7th Costello Stadium, Hull, HU4 6XQ

Saturday

Senior Men	100m, 110m Hurdles 400m, 1500m, 3000m Steeple Chase, High Jump, Triple Jump, Shot, Hammer
Senior Women	100m, 100m Hurdles, 400m, 1500m, High Jump, Triple Jump, Shot, Hammer
U20 Men	100m, 110m Hurdles, 400m, 1500m, 3000m Steeple Chase, Long Jump, Discus, Javelin, Pole Vault
U20 Women	100m, 100m Hurdles, 400m, 1500m, Long Jump, Discus, Pole Vault
U18 Men	100m, 110m Hurdles, 400m, 1500m, 2000m Steeple Chase, Long Jump, Discus, Javelin, Pole Vault
U18 Women	100m, 100m Hurdles, 400m, 1500m, Long Jump, Discus, Pole Vault

Sunday

Senior Men	200m, 800m, 5000m, 400m Hurdles, Javelin, Long Jump, Discus, Pole Vault
Senior Women	200m, 800m, 5000m, 400m Hurdles, 3000m Steeple Chase, Javelin, Long Jump, Discus, Pole Vault
U20 Men	200m, 800m, 5000m, 400m Hurdles, High Jump, Triple Jump, Shot, Hammer
U20 Women	200m, 800m, 5000m, 400m Hurdles, 3000m Steeple Chase, High Jump, Triple Jump, Shot, Hammer, Javelin
U18 Men	200m, 800m, 5000m, 400m Hurdles, High Jump, Triple Jump, Shot, Hammer
U18 Women	200m, 800m, 5000m, 400m Hurdles, 2000m Steeple Chase, High Jump, Triple Jump, Shot, Hammer, Javelin

Closing Date **22nd May 18:00 – No late entries**

INDIVIDUAL ENTRY FEES: £20 FIRST EVENT. £15 FOR EACH ADDITIONAL EVENT – INCLUIDING ALL ROSTER AND STRIPE FEES

Refunds will only be given in the case of event cancellation by the organiser.

Disability athletes may enter all mainstream events using appropriate specifications, however no seated throw events will be available
If a disability athlete decides to compete as an able bodies athlete, they will not automatically receive 6 trials. This intention must be declared upon entry.

REGULATIONS

1 UK ATHLETICS RULES
All events will be subject to UKA Rules for Competition (1st April 2026 edition).

2 ELIGIBILITY
NB: All events are confined to athletes who are 1st claim members of a club affiliated to Northern Athletics for 2025/26 and who have paid their 2026/27 affiliation fee to England Athletics.

Entrants must not have competed in any other area championship within the competition year.

3 EVENT RESTRICTIONS
The Committee reserves the right to cancel any event in which there are less than three entries. In the case of a very large entry, events of 3000m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

4 CLOTHING
Athletes **must** wear club vests or alternatively a national vest. County, School and University vests are not permitted unless that University is the club that is affiliated to Northern Athletics.

All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.

Bib numbers must not be cut or folded.

5 EQUIPMENT
Competitors supplying their own equipment may bring a maximum of two throwing implements and have them inspected at the equipment room before competing.

Stadium blocks only may be used.

6 ENTRIES
The organisers reserve the right to refuse any entry.

Refunds will only be given in the case of event cancellation by the organiser.

IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE OR EMAILTHE NA OFFICE ASAP. Late entries will not be accepted and the organisers cannot be held responsible for non-receipt of emails or wrongly completed entries.

Athletes must declare all of their events at registration and register on both days if their events span two days.

Athletes are only allowed to enter a higher age group if the event they wish to enter is not provided in their own age group. This championship is not meant for U14 and U16 athletes.

7 STARTING HEIGHTS / DISTANCES

	Sen Men	Sen Wom	U20 Men	U20 Wom	U18 Men	U18 Wom
High Jump	1.70m	1.45m	1.70m	1.45m	1.60m	1.40m
Pole Vault	3.50m	2.70m	3.30m	2.45m	2.60m	2.10m
Triple Jump Boards	11m/13m	9m/11m/13m	11m/13m	9m/11m/13m	Min. 7m	Min. 7m

Athletes may be withdrawn from events on safety grounds if it becomes clear these minimum standards cannot be met.

8 SEEDING

Information on seeding rules can be found via the below link:

https://www.northernathletics.co.uk/seeding-rules/

DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK.